

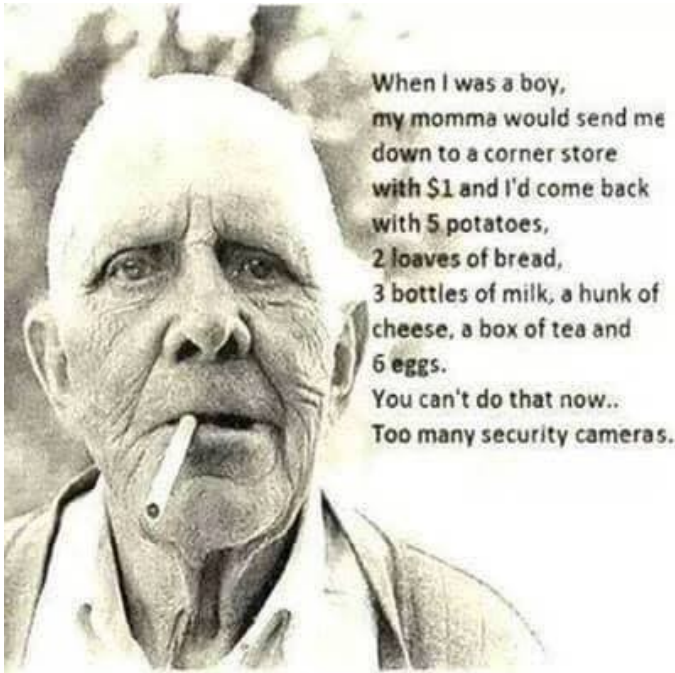
Morning Breaks

August 2026

Volume 27 Number 31

"A sense of humor keeps life interesting..." –Marjorie Pay Hinckley

August 2, 2026



When people see a cat's litter box they always say, "Oh, have you got a cat?" I just say, "No, it's for company!"

Employment application blanks always ask who is to be called in case of an emergency. I always write, "An ambulance."

The older you get, the tougher it is to lose weight – because by then your body and your fat have gotten to be really good friends.

A little girl goes into her grandfather's room, where he is laying in his bed with oxygen etc. under home hospice. She is staring at him until she gets his attention. The grandfather smiles at his granddaughter and asks her what she needs.

The little girl says, 'Grandpa, will you make 'Frog Sounds'?

The grandfather gets a puzzled look on his face and say, 'Frog sounds, what do you mean'?

The little girl replies, 'Momma said that as soon as you croak, we all get go to Disneyland!' (Okay, so that was pretty bad!)

The easiest way to find something lost around the house is to buy a replacement. I speak from experience!

Today I was in a shoe store that sells only shoes, nothing else. A young girl with a tattoo and green hair walked over to me and asked, "What brings you in today?"

I looked at her and said, "I'm interested in buying a refrigerator."

She had that deer-in-the-headlights look and didn't quite know how to respond.

I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.

Life without friends is impossible



For months Bill had been Lynn's devoted admirer. Now, at long last, he had collected up sufficient courage to ask her the most momentous of all questions.

"There are quite a lot of advantages to being a bachelor," Bill began, "but there comes a time when one longs for the companionship of another being, a being who will regard one as perfect, as an idol; whom one can treat as one's absolute own; who will be kind and faithful when times are hard; who will share one's joys and sorrows."

To his delight, Bill saw a sympathetic gleam in Lynn's eyes. Then she nodded in agreement. Finally, Lynn responded, "I think it's a great idea! Can I help you choose which puppy to buy?"

EXERCISE FOR PEOPLE OVER 60

Begin by standing on a comfortable surface, where you have plenty of room at each side. With a 5-lb potato bag in each hand, extend your arms straight

out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax. Each day you'll find that you can hold this position just a bit longer.

After a couple of weeks, move up to the 10-lb potato bag. Then try 50-lb potato bags and eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this limit).

After you feel confident at that level, put a potato in each bag...

A PESSIMIST sees a dark tunnel.

An OPTIMIST sees light at the end of the tunnel.

A REALIST sees a freight train.

A TRAIN ENGINEER sees 3 idiots standing on the tracks.

I have learned that the most important prayer to utter before going out in public is: Lord, keep your arm around my shoulder and your hand over my mouth.

Have you ever noticed: The Roman numerals for forty (40) are XL.

The sole purpose for giving a child a middle name is so he will know when he's really in trouble.

Did you ever notice that when you put the two words "The" and "IRS" together it spells "Theirs?"

The main difference between being young and old is that eventually people stop lying about their age and start bragging about it.

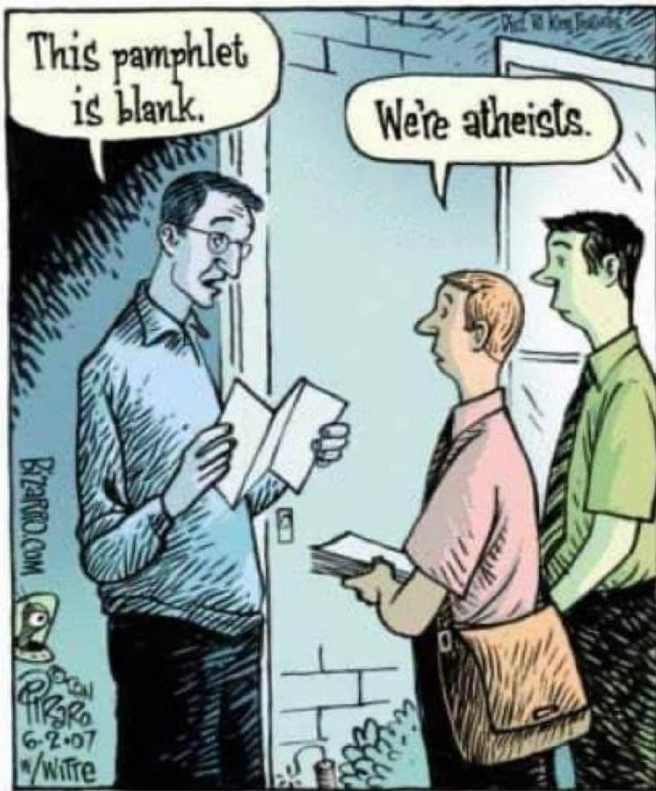
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August 9, 2026



3) KETCHUP A woman was trying hard to get the ketchup out of the jar. During her struggle the phone rang so she asked her 4-year-old daughter to answer the phone. 'Mommy can't come to the phone to talk to you right now. She's hitting the bottle.'

4) MORE NUDITY A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover. The little boy watched in amazement and then asked, 'What's the matter, haven't you ever seen a little boy before?'

5) POLICE # 1 While taking a routine vandalism report at an elementary school, I was interrupted by a little girl about 6 years old. Looking up and down at my uniform, she asked, 'Are you a cop?'

Yes,' I answered and continued writing the report.

'My mother said if I ever needed help I should ask the police. Is that right?'

'Yes, that's right,' I told her.

'Well, then,' she said as she extended her foot toward me, 'would you please tie my shoe?'

6) POLICE # 2 It was the end of the day when I parked my police van in front of the station. As I gathered my equipment, my K-9 partner, Jake, was barking, and I saw a little boy staring in at me.

'Is that a dog you got back there?' he asked.

'It sure is,' I replied.

THIS IS WHY WE LOVE CHILDREN

1) NUDITY I was driving with my three young children one warm summer evening when a woman in the convertible ahead of us stood up and waved. She was stark naked! As I was reeling from the shock, I heard my 5-year-old shout from the back seat, 'Mom, that lady isn't wearing a seat belt!'

2) OPINIONS On the first day of school, a first-grader handed his teacher a note from his mother. The note read, 'The opinions expressed by this child are not necessarily those of his parents.'

Puzzled, the boy looked at me and then towards the back of the van. Finally he said, 'What'd he do?'

7) ELDERLY While working for an organization that delivers lunches to elderly shut-ins, I used to take my 4-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, 'The tooth fairy will never believe this!'

8) DRESS-UP A little girl was watching her parents dress for a party. When she saw her dad donning his tuxedo, she warned, 'Daddy, you shouldn't wear that suit.'

'And why not, darling?'

'You know that it always gives you a headache the next morning.'

9) DEATH While walking along the sidewalk in front of his church, our minister heard the intoning of a prayer that nearly made his collar wilt. Apparently, his 5-year-old son and his playmates had found a dead robin. Feeling that proper burial should be performed, they had secured a small box and cottonwood, then dug a hole and made ready for the disposal of the deceased.

The minister's son was chosen to say the appropriate prayers and with sonorous dignity intoned his version of what he thought his father always said: 'Glory be unto the Faaather, and unto the Sonnn, and into the hole he gooos.' (I want this line used at my funeral!)

10) SCHOOL A little girl had just finished her first week of school. 'I'm just wasting my time,' she said to her mother. 'I can't read, I can't write, and they won't let me talk!'

11) BIBLE A little boy opened the big family Bible. He was fascinated as he fingered through the old

pages. Suddenly, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages.

'Mama, look what I found,' the boy called out.

'What have you got there, dear?'

With astonishment in the young boy's voice, he answered, 'I think it's Adam's underwear!'

Grandma and Grandpa purchased a new front loading washer and dryer.

The grandchildren were impressed with all the "bells and whistles."

Grandma was looking for them one day. They had taken their little chairs into the laundry room and were watching the clothes in the washer and dryer.

When asked what they were doing they said, "We're watching the laundry channel."

You know you are getting old when everything either dries up, sags or leaks.





Volume 21 Number 33

"A sense of humor keeps life interesting..." –Marjorie Pay Hinckley

August 16, 2026

FOR ALL, WHO MAY BE HAVING
A BAD DAY..



It Can Always Be Worse.

Some people try to turn back their "odometers." Not me. I want people to know why I look this way. I've traveled a long way and a lot of the roads were not paved.

Ah! Being young is beautiful but being old is comfortable.

Top Ten Signs You've Bought a Lemon of a Car

10. Your tinted windows are also known as Hefty Garbage Bags.

9. The car reaches its optimum speed when going downhill.

8. The hi-tech stereo system often requires a new needle.

7. The rear-view mirror says, "Objects in Mirror Are Better Than This Piece of Junk."

6. The odometer on the dashboard is not as sophisticated as the everyday abacus.

5. Traffic Watch warns other drivers what highway you're taking.

4. The sticker on the windshield says, "Batteries Not Included."

3. You fill up the tank with Unleaded Coals.

2. You can only go to restaurants that offer Valet Pushing.

1. When you approach hitchhikers, they put their thumbs down.

As he paid for our meal with a gift card, my husband noticed the bill was more than the card was worth, so he handed our waiter his debit card to cover the balance.

"Wow, some people might have skipped out and stuck me with the difference," the waiter said. "Thank you for being so honest."

Then, as he took the card, he asked, "Could I see some ID?"

It was one of the worst days of my life: The washing machine broke down, the telephone kept ringing, my head ached, and the mailman brought a bill I had no money to pay.

Almost to the breaking point, I lifted my one-year-old into his high chair, leaned my head against the tray, and began to cry.

Without a word, my son took his pacifier out of his mouth and stuck it in mine.



A husband came home to an empty house one day and decided he would start dinner.

First, he would make the salad. He searched high and low for the big bowl for making the salad and finally found it in the refrigerator, half full of Kool Aid.

"Who on earth put Kool Aid in a bowl?" He looked around and found some empty pop bottles, rinsed them out and using a funnel, transferred the Kool Aid to the soda bottles and returned them to the fridge.

He then made the salad and was starting the rest of the dinner when his wife came home.

She had been to the store and was putting some things in the fridge, when suddenly she asked her

husband, "Who on earth put my Jello in soda bottles?"

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The grandchildren were impressed with all the "bells and whistles."

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It was the first day of school after summer vacation and time for me to pick up the children in my school bus and take them home again.

After I had made the complete run that afternoon, one little boy remained on the bus.

Thinking he had simply missed his stop, I started driving slowly back through the neighborhood and asked him to be sure to let me know if any of the houses or people looked familiar. The boy sat in his seat contentedly and shook his head whenever I asked him if he recognized a person or place.

After the second unsuccessful tour of the area, I started back to the school to ask for his address. When we arrived, the child got off the bus and started walking away.

"Wait!" I called. "We have to go inside and find out where you live."

"I live right there," he said, pointing to a house across the street. "I just always wanted to ride in a school bus."

To some golfers, the greatest handicap is the ability to add correctly.

I was feeling pretty creaky after hearing a TV reporter say, "To contact me, go to my Facebook page, follow me on Twitter or try me the old-fashioned way, email."

Morning Breaks

August 2026

Volume 27 Number 34

"A sense of humor keeps life interesting..." –Marjorie Pay Hinckley

August 23, 2026



QUITTING THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS.

In a local newspaper in Provo (Utah), there had been an ongoing series of articles written by individuals who wanted to persuade, members of the Church of Jesus Christ of Latter-Day Saints to leave the Church. In response to the highly critical and spirited remarks, a local member wrote this rebuttal:

“Editor:

I have been thinking of quitting the Church of Jesus Christ of Latter-day Saints. Yes, if I can, I am going to get even with that church. As soon as I can find

another church that teaches about the Gathering of the House of Israel; the return of the Ten Tribes and their mission; the return of the Jews to Palestine and why, and how they are going to build the temple; the building of temples and what to do with them; the mission of Elias, the prophet, as predicted by Malachi; the method for the salvation of the people that died at the time of Noah in the flood; the origin of the American Indian; the complete explanation of why Jesus of Nazareth had to have a mortal mother but not a mortal father; the explanation of the three degrees of glory (three heavens) as mentioned by Paul; the complete explanation of why Elias and Moses did not die but had to be translated (since they both lived before the resurrection was introduced by Christ); the restoration of the gospel by modern revelation as promised by Peter and Paul and Jesus himself; the belief in eternal marriage and the family, and the knowledge and the place to seal for eternity; that teaches abstinence from all harmful drugs and foods ; and that sells the best fire insurance policy on earth, for the last days, for only a 10th of my income.

Yes sir, as soon as I can find another church that teaches all that, or even half as much, I will say good-bye to the Church of Jesus Christ of Latter-day Saints. The church that I am looking for must also be able to motivate 50,000+ youth, and adults, for the first, second or third time, to leave their homes for two years at their own expense and go to far-away places to teach and preach without salary. It must be able to call, on a frosty day, some 5 or 6 thousand professors, students, lawyers, doctors, judges, policemen, businessmen, housewives and children to go and pick apples at 6 am. It must be able to call meetings and get the attention for two hours of more than 150,000 men. Yes, it must also teach and show why salvation is assured for children who die before eight years of age.

Mr. Editor, could you help me find a church that teaches all that and more than hundreds of other

doctrines and principles, which I have no room to mention here, and which brings solace and comfort to the soul; peace, hope, and salvation to mankind, and above all, that answers the key questions that all the great philosophers have asked; questions and answers that explain the meaning of life, the purpose of death, suffering and pain; the absolute need for a Redeemer and the marvelous plan conceived by our Father and executed by Jesus Christ the Savior? Yes, as soon as I find another church that teaches that, and also that has the organization and the powers to make that teaching effective, I am going to quit The Church of Jesus Christ of Latter-day Saints. For I should not tolerate that “they” should change a few words in the Book of Mormon—even if those changes simply improve the grammar and the syntax of the verses—for, after all, don’t you think the Divine Church should employ angels as bookmakers, and clerks, to do all the chores on earth? Don’t you think, Mr. Editor that the Divine Church should also have prophets that don’t get sick and don’t get old and die, and certainly, that don’t make a goof here and there. No, sir! A Divine Church should be so divine that only perfect people should belong to it, and only perfect people should run it. As a matter of fact, the Church should be so perfect that it should not even be here on earth!

So, I repeat, if any one of the kind readers of this imperfect letter knows about another church that teaches and does as much for mankind as The Church of Jesus Christ of Latter-day Saints, please let me know. And please do it soon, because my turn to go to the cannery is coming up. Also, “they” want my last son (the fifth one) to go away for two years and again, I have to pay for all that. And I also know that they expect me to go to the farm to prune trees, and I have heard that our ward is going to be divided again, and it is our side that must build the new chapel. And also, someone the other day had the gall of suggesting that my wife and I get ready to go on a second mission, and when you come back, they said, you can volunteer as a temple worker. Boy, these Latter-day Saints don’t leave you alone for a minute. And what do I get for all that, I asked?

“Well,” they said, “for one, you can look forward to a funeral service at no charge!”...

Do you think you can help me to find another church?

Brother [Orson] Hyde... once... in conversation with Brother Joseph Smith advanced the idea that eternity or boundless space was filled with the Spirit of God, or the Holy Ghost. After portraying his views upon that theory very carefully and minutely, he asked Brother Joseph what he thought of it.

He replied that it appeared very beautiful, and that he did not know of but one serious objection to it.

Says Brother Hyde, 'What is that?'

Joseph replied, 'It is not true.'

President Heber J. Grant, concerned that Elder James E. Talmage was working too hard, constantly urged him to take up golf. Finally, Elder Talmage agreed to play until he hit a shot that President Grant rated as a "real golf shot." After that, he could decide for himself whether to continue.

The two went to a golf course, where President Grant gave a brief lesson on addressing the ball. Elder Talmage stepped up and hit it, and the ball sailed more than two hundred yards straight down the fairway.

After President Grant had congratulated him on hitting "a real nice golf shot," Elder Talmage said, "If I have carried out my part of the agreement, then I shall call on you to live up to yours. I should like to get back to the office, where I have a great deal of work waiting."

Then he put down the golf clubs and walked away.



It's TRUE!!! People DO start to look like their pets!

Morning Breaks

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"A sense of humor keeps life interesting..." —Marjorie Pay Hinckley

August 30, 2026



much prayer, I will have to apologize for my rash remark.

"If you don't mend your ways, only *five percent* of you will make it to the celestial kingdom, not a d — bit more!

Boy, Aged 4: Dave, I've decided to get married.

Dad: Wonderful. Do you have a girl in mind?

Boy: Yes...grandma! She said she loves me, I love her, too. And she's the best cook and story teller in the whole world.

Dad: That's nice, but we have a small problem here!

Boy: What problem?

Dad: She happens to be my mother. How can you marry my mother?

Boy: Why not? You married mine.

"I think nothing finer can be or has been given than these numbers tonight by this chorus. Of course, I don't profess to be much of a judge of music. I fear I may be a little like a couple of fellows who were sitting in a bandstand where a band was playing. Each wanted to impress the other with his knowledge of music.

"One said, 'Do you know what the band's playing?'

""Why, yes! That's Tannhauser!'

""No, it's the second movement of Chopin.'

"The other said 'I'll go down and find out.' He went down toward the bandstand, came back shortly, and said, 'We're both wrong. That was the "Refrain from Spitting." I saw it on the sign out there.'"

-Elder Hugh B. Brown at a BYU Devotional

Once when J. Golden Kimball was attending a conference in southern Utah, he proclaimed to the members, "If you don't mend your ways only ten percent of you are going to make the celestial kingdom!"

The people were outraged, and they wrote a letter of protest to the First Presidency. The next conference, the First Presidency sent Brother Kimball back to the same area with instructions to apologize to the people.

When it was Elder Kimball's turn to speak, he stood and said, "I have been sent here to apologize for a statement I made a few months ago. After looking things over again and with careful thought and



be able to go about doing good. If you do not sustain me, heaven help me.

"I sustain, here and now, the Authorities of this Church, from the highest unto the least. I have known President George Albert Smith all the days of my life. I have had the arms of his father about me in my childhood and in my early youth. I have had his arms about me in my maturity. I think it was he who set me apart for my first mission. He married me to my good wife. He took me upon my second mission—and now this! It seems that all the difficulties that have ever confronted me in life he is responsible for."

from Elder Ted E. Brewerton

Why is Floriano Oliveira, a member of the high council in a stake in Brazil, so successful as a missionary? Because he obeyed the Lord's counsel to open his mouth and share the gospel. One day as he was driving through the congested traffic of São Paulo he took his eyes off the road for but a second and crashed into the car in front of him. He jumped out of the vehicle, hurried up to the car he had hit, opened the door and said, "I am so sorry I hit you. It was all my fault. I accept the full blame and will pay the total costs. I had no intention to do this, so please forgive me. Yet if I hadn't hit you, you wouldn't have received this message I have for you, the message that you have waited for all your life."

He then explained the restoration of the gospel to the man, who was a medical doctor, and the man joined the Church two weeks later (Ensign, May 1981, 69).

I was in a long line at 7:45 am today at the grocery store that opened at 8 am for seniors only.

A young man came from the parking lot and tried to cut in at the front of the line, but an old lady beat him back into the parking lot with her cane.

He returned and tried to cut in again but an old man punched him in the gut, then kicked him to the ground and rolled him away.

As he approached the line for the third time he said, "If you don't let me unlock the door you'll never get in there."

After our youngest daughter had started school, she came home just before Christmas and said to her mother, "Do you know what they say about Santa Claus in school?"

Her mother said, "No, what do they say?"

She replied, "They say there is no Santa Claus and it's our parents who give us Christmas gifts."

Her mother asked, "And what did you say?"

"I told them, 'You don't know my daddy and mother!'"

Matthew Cowley, after being called to the Quorum of the Twelve Apostles

"I have never sought, neither have I refused, any call that has ever come to me within the endowing power of the priesthood of God. I appeal also to you, to sustain me in this position. If I am sustained by you, the body of the Church, I am sure that I will